



Resplendor
MIND BODY AND SOUL

About Resplendor

Resplendor is an aesthetic clinic specialising in primarily non invasive treatments.

Our consultants are Harley Street trained and all have qualifications in anatomy and physiology along with being qualified for all specific treatments provided. Treatments are all designed to improve and enhance your appearance in a safe and pain free manner.

We offer free initial no obligation consultations and flexible payments over up to 9 months.

Treatments provided include:

- CryoSlim Body Contouring
- Perk by Hydrafacial
- Dermapen Microneedling
- Non surgical Brazilian Bum Lifts
- Non surgical Breast Lifts



CryoSlim Body Contouring

Our unique treatment permanently gets rid of stubborn fat and cellulite, that is resistant to diet and exercise. It is a non surgical alternative to liposuction and fat freezing, that uses an advanced cryogenic technology.

It is non invasive we use an advanced cryogenic technology with an organic liquid flowing through a neoprene wrap that covers the area to be treated. This cold temperature is low enough to permanently destroy the fat cells which are then crystallised and broken down and processed through the lymphatic system and excreted as waste. Once fat cells have been destroyed they cannot regenerate. It also helps firm and tone the skin and reduce stretch marks.

Unlike the older traditional machines we do not actually freeze fat, or use any suction.

CryoSlim®
APPLIED CRYOGENIC TECHNOLOGY

It covers a much bigger area than handset based systems and results of on average 3 to 5cm reduction are usually obtained instantly from a single treatment, these are permanent and continue to improve for up to 6 weeks, unlike other systems that can take 12 weeks to start to show any results.

There are none of the harmful side effects associated with fat freezing, such as bruising, swelling, pain, freezer burns or even frostbite or "butterstick effect"



✔ £84 for single treatment. Or less than £30 each when booking a course

✔ Does not freeze, a low temperature permanently destroys the fat, contouring the body

✔ State of the art, technology

✔ No suction, totally pain free, no side effects

✔ Only 48 hour wait between treatments

✔ Instant results of 3 to 5cm on average

✔ Treatment area up to 12 times size of handset systems

✔ Stretch mark reduction

✔ Tones skin

✔ Reduces cellulite

FAT FREEZING TREATMENTS

✘ Can be £600 or more per treatment

✘ Freezes the fat, can cause “butterstick effect”, making fat clump together, requiring surgery to remove. Possibility of frostbite

✘ 10 year old technology

✘ Suction, can be very painful and cause bruising and numbness

✘ 4 weeks between treatments

✘ Can take up to 12 weeks to see results

✘ Smaller treatment area

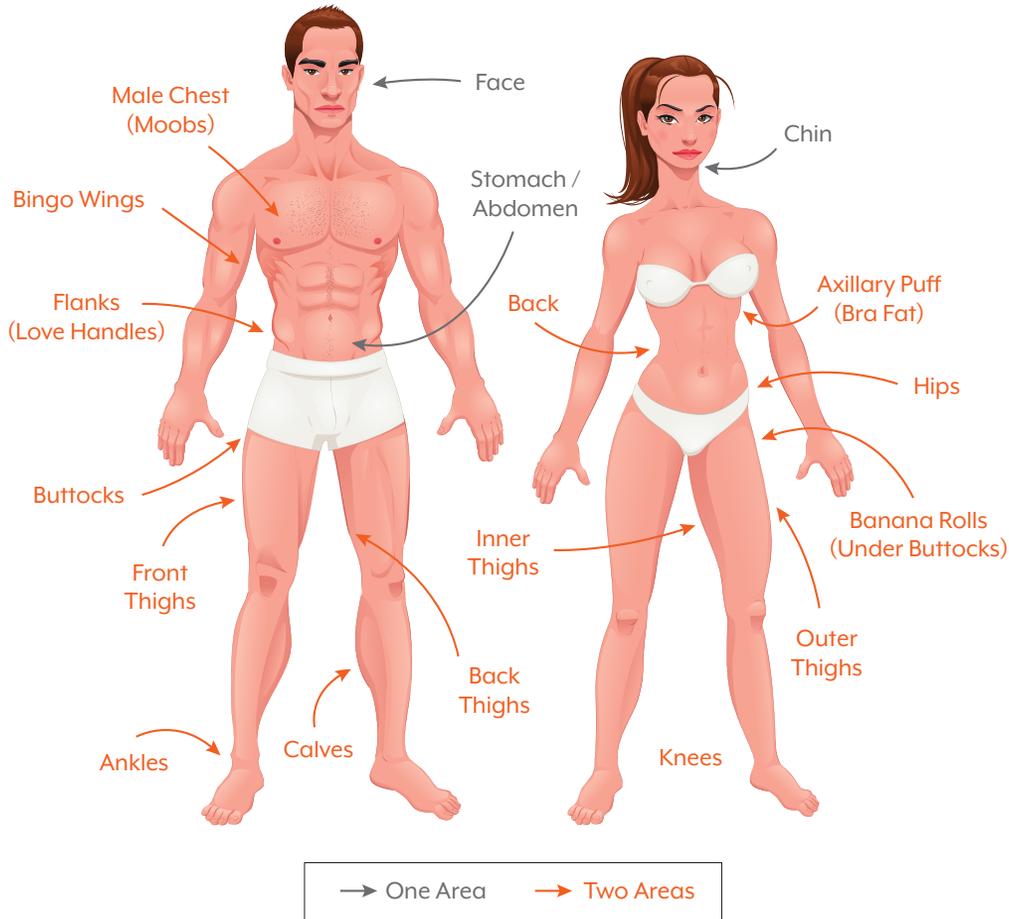
✘ Does not reduce stretch marks

✘ Does not tone skin

✘ Does not reduce cellulite

Areas Suitable for Body Contouring

We can treat anywhere that has excess fat, including the face, double chins, arms, back, tummy, thighs and more.

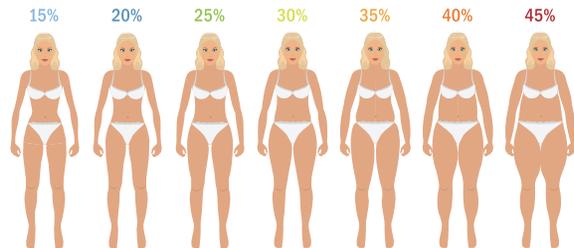


Body Fat Percentage

The number of fat cells is set during childhood and adolescence and varies little during adulthood. That means as we gain and lose weight, for the most part, the number of fat cells stays the same and what changes is how inflated (or deflated) those fat cells are. Fat cells can grow to 4 times their normal size.

When you start to gain weight, those fat cells expand, which in turn causes your waistline (and hips, and double chin and thighs) to expand. These stubborn pockets may vary greatly from person to person, because we all carry fat in different areas of our bodies.

Women



Age	Lean	Ideal	Average	Over Fat
up to 20	11-18%	18-23%	23-30%	30-35%
21-25	12-19%	19-24%	24-30%	30-35%
26-30	13-20%	21-25%	25-31%	31-36%
31-35	13-21%	21-26%	26-33%	33-36%
36-40	14-22%	22-27%	27-34%	34-37%
41-45	14-23%	23-28%	28-35%	35-38%
46-50	15-24%	24-30%	30-36%	36-38%
51-55	16-26%	26-31%	31-36%	36-39%
56 +	16-27%	27-32%	32-37%	37-40%

Men



Age	Lean	Ideal	Average	Over Fat
up to 20	2-8%	8-14%	14-21%	21-25%
21-25	3-10%	10-15%	15-22%	23-26%
26-30	4-11%	11-16%	16-21%	21-27%
31-35	5-13%	13-17%	17-25%	25-28%
36-40	6-15%	15-20%	20-26%	26-29%
41-45	7-16%	16-22%	22-27%	27-30%
46-50	8-17%	17-23%	23-29%	29-31%
51-55	9-19%	20-25%	25-30%	31-33%
56 +	10-21%	21-26%	26-31%	31-34%

4-Step Treatment Plan

Some individuals may have stubborn pockets of fat that are more difficult to reduce despite diet and exercise.

When you diet and exercise you temporarily lose weight and shrink the fat cells, if you overindulge you gain weight again.

Our Body Contouring achieves permanent fat loss as the advanced cooling treatment breaks down the fat cells causing them to be killed as we target the fat storage system itself which gives permanent results.

This is not a temporary fix but one that lasts forever, unlike liposuction which results in a temporary weight loss as it only suctions fat deposits.

In conjunction with sensible eating, moderate exercise, drinking at least 2 litres of water daily a significant improvement can be achieved. A minimum of 4 treatments is usually recommended but results are visible after just one treatment.

This treatment is available exclusively from us locally and prices start from £84



★ Diane Jurchenko recommends Resplandor.

Woop-woop from size 22 to size 18 only in a couple of treatments. 😊 Great staff, perfect equipment, and good atmosphere in process of every treatment. Love it!



Perk by Hydrafacial

Perk by Hydrafacial is a "Cleanse With Benefits" treatment, that is an alternative to microdermabrasion.

Perk uses a unique hybrid system with rollerflex technology to gently remove surface layer dead skin cells and impurities whilst delivering vital antioxidants.

Pores are gently flexed as the rollerball embeds nutrients, ensuring absorption and revealing a fresh new you.

The best part? You get a months supply of the same serum to take home with you.

Perk by Hydrafacial helps prevent premature ageing and reduces fine lines and wrinkles and targets the face, lips and eyes.



Lip treatment gives smooth and perfectly primed lips with key ingredients such as peppermint oil and peony extract that lightly plump your pout.

Eye treatment awakens the delicate eye area with energising green tea extract and citric acid, a natural skin brightener.

Face treatment works double-time by gently cleansing and replenishing skin with potent anti-oxidants to reveal a healthy glow.

Each treatment comes with an easy to use take-home, portable applicator, which is filled with vitamins and nutrients.

You can continue to utilise the roller-flex technology that will keep skin nourished and radiant long after your professionally delivered treatment.

Before 1st Eye Treatment



After 3rd Eye Treatment



Perk uses roller-flex technology to gently remove surface layer dead skin cells and impurities while delivering vital antioxidants.

Pores are gently flexed and the roller ball embeds nutrients, ensuring absorption and revealing a fresh new you.

The result of your Perk treatment is an improvement in your overall skin complexion leading to you looking refreshed and leaving you with a healthy glow.

Perk can be used to complement existing treatments such as Botox, Fillers and HydraFacial as Perk treats the areas which HydraFacial cannot – the delicate eye and lips areas.

Perk is a quick and completely painless and non-irritating alternative to microdermabrasion and other skin resurfacing methods and is safe for all skin types, even sensitive skin.

Treatment prices start at £29

Before 1st Lip Treatment



After 1st Lip Treatment



★ Val Lukeman recommends Resplandor.

I have recently visited Resplandor, as I'm near a milestone in age now I know my skin needs a boost, always wary of a new product but I'm so glad I tried it my skin feels soft healthy and much brighter.

I went away for a couple of days, when I got home my husband said I look nice!! This was at 11 pm so I'm definitely going to have this facial once a month, would definitely recommend it 😊



Dermapen™ Micro Needling

Dermapen™ is a revolutionary micro-needling treatment that stimulates the skin's healing response encouraging the production of precious growth factors, collagen and elastin for a naturally rejuvenated, revitalised and regenerated skin.

It offers unparalleled collagen induction therapy by harnessing the body's innate ability to re-grow and repair the skin where a series of needles penetrate the skin causing thousands of micro injuries at a vertical angle.



It promotes scarless healing and natural collagen reproduction, similar to fractional laser treatments, IPL or chemical peel treatment, but without the side effects and downtime.

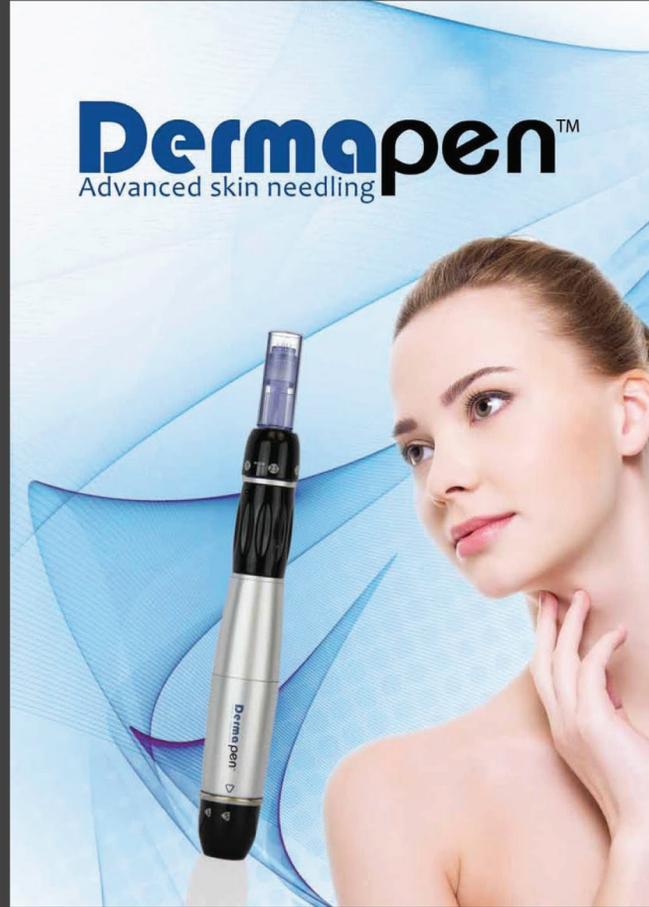
Dermapen™ can effectively treat hard-to-reach places like around the eyes, nose and lips. Visibly rejuvenated skin can generally be seen after just 6 to 8 days following treatment, with results improving over time.

A course of treatments is usually recommended but results are visible after just one treatment.

It is ideal for:

- fine lines
- wrinkles
- surgical, acne and trauma scars
- stretch marks
- pigmentation

Treatment prices start at £149





Brazilian Bum Lifts

For best results we recommend a combination of CryoSlim Body Contouring, non invasive ultrasonic cavitation/RF and a vacuum therapy procedure. This targets specific body areas with CryoSlim treatment, suction and low-frequency sound waves. The RF and cavitation heats and vibrates the layer of fat cells below the skin's surface. With the pressure that is applied this causes the fat cells to liquify.

These are then pushed into a more sculpted shape, contouring the buttocks area. Simultaneously this tightens the skin and reduces cellulite. Giving you the results you want without the squats!

Treatment prices start at £179

Non Surgical Breast Lifts

This improves the shape and tone of the breasts, increasing firmness and cup size.

We use:

MicroCurrent Therapy – this in effect exercises the muscles in the breast area causing them to become toned and firmer.

Vacuum Suction – this special vacuum cup is placed over each breast. The vacuum suction effect on the breast opens up the capillaries and this makes it easier for blood to flow around the breast tissue, which enhances the size of the breast.

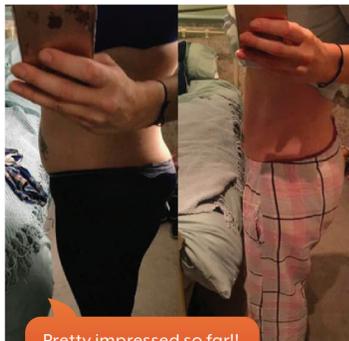
Low Level Light – a finishing but important touch that gives the skin a healthy glow.

Treatment prices start at £99



Testimonials

Some of the comments from our satisfied clients, more can be seen on at [facebook.com/resplandorltd](https://www.facebook.com/resplandorltd)



Pretty impressed so far!!

I haven't changed eating habits, just doing water as advised, I'm just trying not to eat too much but not limiting myself! So pleased and have shared with friends too!



Total loss to date 5inch off bottom 2.5 inches off top

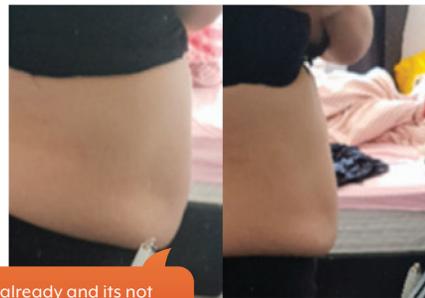
This was after 3 treatments



I've been for my first treatment today and already I can see a big difference on my mum tum.. I can't wait to see the end result! a friendly welcoming service. I highly recommend coming here. 😊



I just wanted to say a big thank you...i know i am far from perfect but i now have so much more confidence. I am gutted to not have a 'before' photo good enough as i didnt have the confidence to stand in my pants 😞 but here is my 'after' before continuing on my journey with my fitness and weightloss! I will be back!



I can see a difference already and its not even been 2 days yet!! Thankyou so much x

Finance

We offer flexible finance over up to 9 months, with 30 days interest free. Finance is based on a person's affordability not just their credit history. This means a wide variety of people can be accepted even students and those with poor credit files. Payments are from £10.17 a month.

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